

# Carmel Valley Sun



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RURAL CUSTOMER

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YOUR BI-WEEKLY SOURCE OF VALLEY NEWS

AUGUST 19 – SEPTEMBER 1, 1987

## Valley Geology

### How To Fold A Rock

By Robert Greenwood  
Fifth in a Series

Robert Greenwood came to Carmel Valley in 1974 after teaching geology at the University of Houston and Rutgers University. He is still a registered geological consultant and teaches periodically at the Federal University of Brazil in Rio de Janeiro.

The idea that solid rocks can be folded may seem bizarre to you, yet folded rocks are common throughout the world. Much of a geologist's time is spent in mapping and studying them, especially in the search of petroleum.

When I say "folded," I don't mean like sheets neatly returned from the laundry, but rather a crumpling such as you might get by shoving a thick pile of blankets against the wall. When blocks of the earth's crust are compressed by regional movements, they may break, which we can faulting, or they may crumple and fold. Usually, both these things happen.

In Carmel Valley, the formation most easily folded is the Monterey Shale, and for good reason. It is well stratified (layered) in distinct beds which are generally one to six inches thick. Such a formation folds more easily because the beds can slide past each other. For example, you can bend a telephone book, although you couldn't bend a solid mass of paper pulp the size of a telephone book.

It is easy to recognize folding in a stratified rock because we know that its layers must have been nearly flat when they were laid down. Wherever we see them tilted at various angles, we know they have been deformed by folding.

What exactly is the Monterey Shale? It is the predominant formation in the Lower and Mid Valley, a pile of sediments over 2,000 feet thick before it was folded and eroded. It is not a typical shale; some Valleyites call it chalk rock, which it certainly is not, while others call it Carmel Stone.

If you want to be technical—and obviously I do—call it a diatomaceous shaly siltstone. That is to say, a sedimentary rock composed of varying proportions of

### Ranchers' Days Needs Volunteers

Plans are underway for this year's Carmel Valley Ranchers' Days, which take place September 12 and 13 at the Carmel Valley Trail and Saddle Club.

The Carmel Valley Ranchers' Days Board of Directors is seeking both volunteers and sponsors for this year's event. Volunteers are needed to work in many different areas, including food servers, event timers, parking, the arena and many other interesting jobs.

Sponsors are needed for belt buckles and the "All Around Champion" Horsetrailer.

Interested in being a volunteer or sponsor? Please contact Tootie Truesdell at 625-2606.

tiny quartz grains (silt), some clay, and diatoms, laid down on the sea floor.

Diatoms are microscopic one-celled floating plants. They have skeletons of opaline silica, resembling intricately beautiful Christmas ornaments, which accumulate by the millions. Because diatoms are so light and porous, pieces of Monterey Shale which are diatom-rich feel abnormally light in the hand. The formation locally includes thin layers of clay derived from the decomposition of volcanic ash, and their plasticity further facilitates folding.

Before trying to understand how the Monterey Shale got folded, let's take a local field trip to look at examples in roadcuts. Folds in rock can be of any size; most Monterey Shale folds measure several hundred or even thousand feet from crest to trough. In a short exposure, you will not see the whole fold, only a part of it called the "limb" of the fold.

Geologists record the directions and slopes of limbs, wherever they are found, in order to piece together the overall structure of folds. The most spectacular exposure around here is a bit out of the way, 3.5 miles above the Village at a sharp bend in Carmel Valley Road (see photo). Here is part of a fold in which beds of Monterey Shale, originally flat-lying, have been twisted into the vertical position. Around here, such extreme de-

*Continued on Page 15*

### Recreation & Park Board Accepts Marquard's Four Acre Park Offer

By Dick Heuer

Faced with hard decisions about cost and time, emotions faded and cold logic won the day at the Carmel Valley Recreation and Park District board meeting August 12. The board decided unanimously to accept Michael Marquard's offer to sell the district four acres of land adjacent to the present Carmel Valley Community Center.

Director Chuck McKay summed it up: "We want the whole five acres, but the fact is we can't get it." Board President Randy Randazzo said, "the costs of pursuing the full 5.29 acres would be better spent in developing the four acres that are available." To obtain the full parcel through eminent domain proceedings would involve extensive attorneys' fees and court costs. Randazzo noted that each month of delay would also cost the district \$1,500 to cover Marquard's interest costs.

The property in question is the 5.29 acre Brownell estate adjacent to the Community Center and Park in the Village. A Marquard family partnership, Landing at Lahaina, bought the property in December 1986, at a time when the Recreation and Park District was negotiating to buy it.

Marquard recently offered to sell the district four acres at his cost, while developing a mini-storage facility on the remain-

ing 1.29 acres. The park district has consistently held that it wanted the full parcel to expand the park.

Randazzo said, "We became emotionally involved when this started, but we are now in a position where we must consider the money and time and energies that are available to pursue it. Speaking from the audience, Tony Glanville offered similar sentiments.

The district will not support the proposed mini-storage facility on the remaining land, as had been suggested by Marquard. McKay observed, "this board's position has always been and will remain that we desire to acquire the entire 5.29 acre parcel."

The district will now respond to Marquard with a counterproposal that basically accepts the terms of his four acre offer but with several minor adjustments. The district will request the right of first refusal on the remaining 1.29 acres should they ever become available for purchase. Other negotiating terms were discussed in closed session.

Marquard's offer carries a sale price of approximately \$174,669, or \$43,667 per acre. There is an existing mortgage on the property at 9% interest, but it is unknown if the district would be able to assume this note.

### Chief Cummings Retires

Assistant Chief Don Cummings has announced his retirement from the Carmel Valley Fire Department. His retirement from the department in June of this year, completing thirty years of dedicated service to the department and the community, was accepted reluctantly. Don held the rank of Assistant Chief when he retired.

Don Cummings began his career with the fire department in 1957, and has held every position from firefighter to Chief. He was a fire engineer from 1958 through 1959, a lieutenant from 1959 through 1963, a captain from 1963 to 1970, and was promoted to Chief in 1970.

Chief Cummings was a strong force in the Emergency Medical program of the fire department. He served as the department liaison to the American Red Cross and was instrumental as the fire department leader of the First Aid crew for over 20 years. He continued his leadership role right up to the time of his retirement. Chief Cummings was also active at the county level in emergency medical services. He participated in some of the original planning and development of what became today's Emergency Medical Service in Monterey County.

According to Fire Chief Bob Heald, Don has continuously promoted high standards of training and performance for both himself and the fire department and deserves to be credited for the excellent program the department provides today.

Chief Cummings also provided leadership in the department's fire suppression operations. He attended most of the training in fire suppression offered during the 50s and 60s and promoted active participation by all department members.

He attended numerous local training programs such as Oil Fire School, L.P.G. Fire Safety, Fire Ground Command, I.C.S. 220 and others.

"Don Cummings has always considered the safety of his firefighting partners," Chief Heald said. "He was instrumental in getting the Carmel Valley Fire Department their first 'Turnout,' protective clothing back in the early 1960s, and maintained a deep concern throughout his fire service career for his fellow firefighters and his community."

Chief Cummings' service to the fire department did not stop with the emergency operations of the department, Heald continued. "He served several staff functions throughout the years, including filling in as the acting Fire Chief during periods when the department was without a Chief."

He served as part of the general staff of the Fire Chief, Rescue and Medical Equipment Coordinator, Insurance Committee, Volunteers Board of Director, and President of the Volunteers Association.

"We cannot say enough about the importance of Chief Cummings' role in the development and operations of the Carmel Valley Fire Department," said Heald. "Almost since its founding in 1948, Don has been a significant driving force in nearly every aspect of the department's activities."

Chief Don Cummings has devoted countless hours and exceptional effort to the Carmel Valley Fire Department, the community, and to the fire service as a whole. Don Cummings has earned the respect and appreciation not only of his friends at the fire department, but also of his community and the fire service.



Vertical beds of Monterey Shale, 3.5 miles southeast of Carmel Valley Village



# LETTERS

## Unhappy with MPWMD Workshop Location

I am distressed to learn that the Water Management District is not going to hold a workshop in Carmel Valley on the "new" San Clemente dam! I understand a workshop will be held at the mouth of the Valley. This is just as far away from Carmel Valley Village, and Cachagua, where the dam will be built, as is Seaside.

I am not against a dam, but feel the dangers created by construction traffic must be mitigated. There are other very real, impacts of construction that will affect the residents of Cachagua and the Carmel Valley for the long duration of construction, should the voters approve a dam.

The residents of this area that are going to be in a chaotic, dangerous, state during the term of this construction project, should certainly have the most consideration when it comes to scheduling informative workshops or meetings. People with medical problems might choose to move during the term of construction. Others might not want to risk having their children on Carmel Valley road, either in automobiles or school buses.

I feel that the MPWMD Board has become so protective of their "dam" project, that they have forgotten people, which are the only reason the board exists!

There is no excuse for the political games the board is playing, either with the EIR, or with the workshop locations, or with board meetings that are closed to the public. There is no forgivable reason for anything the MPWMD Board does to be kept secret, or for any of their meetings to be closed to public review.

— Charity Crane

*Publisher's Note: All Water Board meetings are open to the public. MPWMD staff have attended three Cachagua Area Plan Committee meetings to discuss the project impacts. MPWMD Director Pat Bernardi has met on several occasions with Sleepy Hollow homeowners to exchange views on potential project impacts and how they may be mitigated. After the EIR is issued, the MPWMD is planning four informational workshops to answer questions about the project. These will be held in different areas of the Peninsula. One for Carmel and Carmel Valley residents will probably be held at the Crossroads Community Room.*

*The MPWMD has made the following statement to the Sun in response to the above letter. The MPWMD recognizes*

*that dam construction will have traffic and noise impacts that are unique to the Cachagua and Village areas. These will be discussed in the EIR. It may also be appropriate for the Sun to carry a special report on this subject after the EIR becomes available. After reviewing the EIR, if residents in the affected area believe they need a special meeting to discuss these localized impacts, they should then contact the Water District. The appropriate time for this is in October or early November, during the review period after the draft EIR is published but before the public hearing on it. After the public hearing, appropriate comments will then be incorporated into the final version of the EIR.*

## Mini-Storage Rebuttal

In the August 5, issue of the Sun one of your less discerning readers objected in strong language to the Mini-Storage operation on DelFino Place for which I am the managing partner.

With reference to trucks and cars standing awaiting entrance spewing noxious fumes into the atmosphere, the scenario reads like an early twentieth century editorial condemning the birth of the confounded "Gas-Buggy".

Our facility is not, repeat not, noisy, dangerous, dirty and polluting! The only large trucks involved with our storage are an occasional interstate moving van and two local ten wheelers, who avail themselves of diesel fuel from our pumps.

Incidentally, your reader has perhaps observed restaurant supply delivery trucks blocking the common Mini-Storage access-way, leaving their engines running.

We invite your reader to visit our storage facility to inspect the operation as I am certain it will pass muster with flying colors.

Roger D. Williams  
Valley Village Self-Storage

## Canine Aggression

Currently, the public is critically concerned about the vicious dog issue. Newspapers, radio and television are full of such horrifying "Pit Bull" stories as the death of the young Morgan Hill boy. Titillating reporting seems to amount to good press, and causes fear, anxiety and hysterical reaction. The subsequent hue and cry pushes officials into politically expedient, often poorly formed measures to combat what is perceived to be the problem.

Unfortunately, much misinformation exists. Not the least of the problem is public and media willingness to pin all such problems on the dreaded "Pit Bull". Few can actually identify the breed, and even fewer seem to know that technically there is no such thing. The American Kennel Club (AKC) does not recognize a breed called "the Pit Bull".

In the rush to vilify and legislate, little provision is made for factual investigation and sensible laws which will truly solve the problem and will stand up in court. The real issue is vicious dog control, rather than prejudiced, sensational condemnation of a single group which cannot

accurately be identified. This is not a breed problem, any more than a particular ethnic minority can be tagged as being responsible for most crime.

As responsible dog owners, we seek fair representation in the media, and equitable and implementable legal solution to what is undoubtedly a serious problem. The American Dog Owners' Association (ADDA) has drafted a legally sound document which seeks to identify a 'vicious dog,' is not breed specific, seeks to place the blame where it undoubtedly lies (on irresponsible owners), and will stand up in court. We would be happy to provide you a copy at your request.

For our part, the Monterey Bay Bull Terrier Club (MBBTC) is seeking to provide an educational opportunity for the community by sponsoring a one day seminar in Monterey on September 19, on Canine Aggression. It will be conducted by the internationally known, and respected, animal behaviorist, Dr. Ian Dunbar.

David A. Alexander

## True or False?

Walking toward Safeway yesterday I noticed my old friend Lefty Presidium, our town Marxist.

"Hi Lefty, what did you think of the Iran-Contra hearings?"

"Love it!" he shouted. "That imperialist running dog Ollie North is going to jail!"

"Jail?" I blurted.

"Certainly! He and the despicable C.I.A. recruited those degenerate criminals that rape and kill babies and pregnant women. The Contras!"

"Why would they do that?"

"To Terrorize Nicaragua and make it safe for the United Fruit Company."

"Well, Lefty, the press and the Democrats seem to agree."

"Sure, even they know that socialism is inevitable and that peace will come with the triumph of Comrade Ortega."

"Do you think that Reagan depended too much on covert action?"

"Covert action?" Lefty began laughing so hard he almost upset his grocery cart.

"You call that covert action in Nicaragua?" He was still laughing as if tears would come.

"I'll show you covert action! The Cubans stole that revolution against Samosa while Jimmy Carter was still funding it!"

"Come on Lefty."

"Da! Now the Russians are in the saddle and El Salvador will be next, followed by Costa Rica, Honduras, etc."

Lefty moved on, humming the Internationale.

On the way home I realized that Lefty's diatribe had all been in good fun. Surely we wouldn't allow the Soviets to get away with that stuff.

Robert H. Farley

*Publisher's Note: The Sun does not normally publish letters unrelated to Carmel Valley. In this case, we felt the author's originality and imagination deserved an audience.*

## Middle School Orientation

The faculty and staff at Carmel Middle School invite 6th grade students and their parents to take part in the Summer Orientation on Thursday, August 27, from 10:20 to 12 noon.

This is an opportunity for Middle School students to receive schedules and locate classes prior to the first day of school. Student Council officers and cheerleaders will be available to help newcomers find their way around the campus. The Parent Faculty Club will provide refreshments and answer any questions from parents.

Class schedules can be picked up in the cafeteria from 10:20 to 10:50 a.m. School starts August 31. For information call 624-2785.

## Intolerance, Silent Movie To Be Shown

*Intolerance*, starring Lillian Gish, Constance Talmadge, Mae Marsh & Erich von Stroheim, will be shown at Carmel Valley Library on Friday, September 4, at 7:30 p.m. sharp. The 1916 silent movie classic was directed by D.W. Griffith. Admission for adults is \$2.50; children, \$1. For information call the Library at 659-2377.

## CVPOA Is Looking For New Directors

Wym Coerr and Jim Munger have resigned their positions as directors of the Carmel Valley Property Owners Association. Coerr is moving out of the Valley, while Munger has a new job that makes it impractical for him to attend CVPOA meetings.

The property owners and residents association is seeking replacements and is also identifying candidates for its annual election in November. Five officers and five board positions are up for election. Candidates will be identified by October 14.

The CVPOA nominating committee consists of Gene Zellmer, chair, and past CVPOA presidents Dick Dalsemer, Doug Despard, Gene Erner and Jerry Foote. Persons interested in serving should contact one of the nominating committee members.

## Sunshine Photo Contest

This month for all the sun-lovers (?) with a camera there is a special opportunity. Valley Photo is having its first annual "Sunshine Photo Contest."

Any sun oriented photo is eligible, no entry fee, and the prize is an 8 x 10 enlargement of your winning shot plus a gallery style frame to surround it.

Drop off entries through August 31st at Valley Photo, 13 W. Carmel Valley Road, or call 659-2800 for more information

Carmel Valley  
**Sun**

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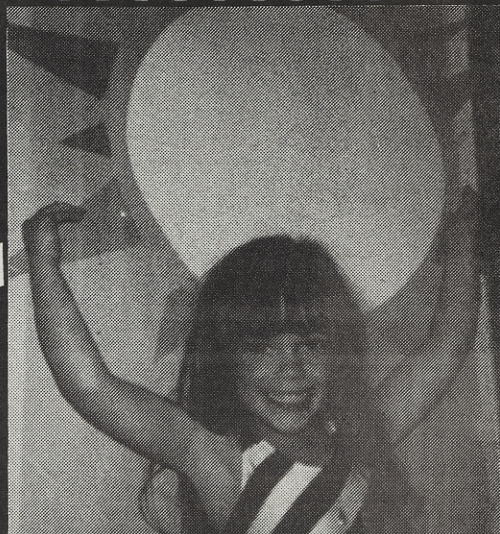
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## Village Plan Committee to Hold First Public Meeting September 1

The Village Plan Committee got organized at its introductory meeting August 10. Its first public meeting will be Tuesday, September 1, 7 to 9 p.m. at the Activity House by the Community Center.

The group of five Village residents is charged with developing a mini-master plan for the Village within six months.

The committee decided to hold two types of meetings. A public meeting with public input and formal decisionmaking by the committee will be held on the first Tuesday evening of each month.

Two working meetings will also be held each month, at 1200 noon, over lunch at Los Laureles Lodge. Working meetings were scheduled for August 17 and 24. The public is welcome to observe these meet-

ings but will not be asked to participate in discussions.

The Village Plan Committee consists of Lou Allaire, Peter Coakley, Randy Randazzo, Debbie Saxton and Roger Williams. The chairmanship will be rotated on a monthly basis. Lynne Moun-day is the County Planning Department staff officer assigned to the project.

The committee will develop policies for the Village area relating to such things as zoning, architectural design, park lands, street lighting and service centers. In speaking of the committee, Roger Williams commented, "We all have the same ideals for the Village. This plan is something the Village has needed for a long, long time."

## CV Fire Department Promotions

The Carmel Valley Fire Protection District is pleased to announce the promotion of five members within the department.

The new officers will fill positions made available by the retirement of two long standing members of the department, Don Cummings and Pete Garneau.

Promoted to the rank of Assistant Chief, by Chief Bob Heald, is Don Corona. Don held the rank of Captain before his promotion. He has served the department and the community for twenty-eight years and has dedicated himself to countless hours of department training and emergency responses. Don is the second of three generations of Coronas to serve the Carmel Valley Fire Department. Don's son, Don Jr., is currently a member.

Promoted to the rank of Captain are Ken Van Hagen and Kalani Fonesca. Ken Van Hagen has been with the department for twenty years, and Kalani Fonesca has been with the department for fifteen years. Both Van Hagen and Fonesca held the rank of Lieutenant prior to their promotions.

Promoted to the rank of Lieutenant are Roger Gardner and Pat Dowd. Roger Gardner has been with the department for twelve years, and Pat Dowd has been with the department for seven years. Both Roger and Pat held the rank of Engineer prior to their promotions.

All of the firefighters promoted to Captains and Lieutenants completed a difficult promotional examination process prior to their appointment by Chief Heald. The promotions are effective immediately. Congratulations to all!

## La Rue Only Candidate For Park Board Election

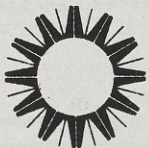
Sheila La Rue is the only candidate who filed to run for election to the Board of Directors of the Carmel Valley Recreation and Park District. Since there will be two vacant positions on the five member board, La Rue will assume the post without election. Her name will not appear on the November ballot.

Board members Chuck Bosso and Ron Scholl, whose two-year terms are expiring, did not stand for re-election. Board President Randy Randazzo explained that the second vacant position will be filled by board appointment.

La Rue, who lives on El Caminito, described herself as a concerned Carmel Valley citizen who would like to help preserve the Valley as best we can. The Recreation and Park District is responsible for acquiring park lands in the Village for public use.

La Rue is manager of Marchesa Jewelry at The Lodge in Pebble Beach. She graduated from UC Berkeley and also has a graduate degree in gemology from the Gemological Institute of America. Her husband, Richard, is assistant manager of Simic Galleries in Carmel. Their "only child is a 12 year old Golden Retriever."

La Rue moved to the Valley from Virginia in April 1986. She grew up and attended school in the San Francisco Bay area and spent summers in Carmel as a child.

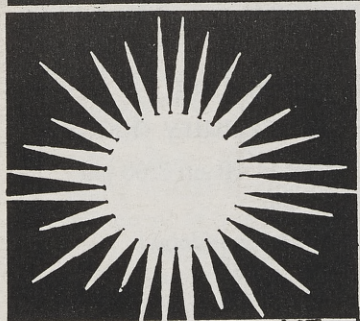


## See GIANTVISION on TV

# RUNNING IRON

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## Nichols Wins Western Swimming Title Now Enters International Competition

Bravo Kyle! For the second year in a row, 10-year-old Kyle Nichols of Carmel Valley won the 50 meter freestyle event in the 10-and-under age category at the Far Western Age Group Long Course Championships. Over 1,400 swimmers from ten states and two foreign countries competed in the four day event.

Nichols represents the Barracuda Aquatics of the Monterey Peninsula. The meet was held at Cowell Pool in Concord July 30 to August 2.

Nichols' successfully defended his championship in the national reportable time of 30.70. He competed in ten events and qualified in the finals for eight of them.

The Valley youngster had the third-highest point total in his age group and was selected for the Western Zone All-Star Team to compete in Oregon, August 12-16. On August 21, Kyle leaves for China for international competition with Japan, Australia, China and Hong Kong.

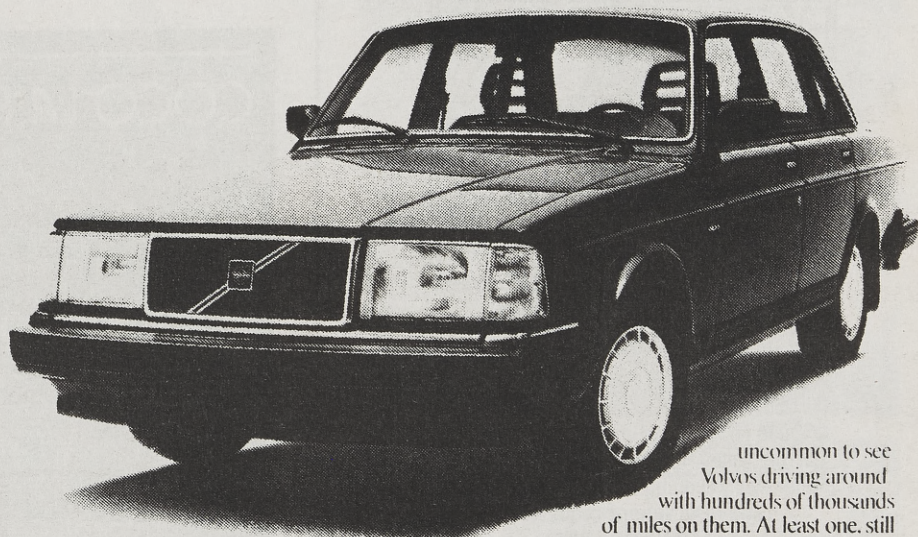


Kyle Nichols with trophies.

Nichols' times and places for the various events were: 50 meter free, 1st, 30.70; 50 meter breast, 2nd, 40.36; 50 meter back, 3rd, 36.93; 100 meter breast, 3rd, 1:30.53; 200 meter free, 5th, 2:27.74; 200 meter IM, 6th, 2:51.21; 100 meter back, 6th, 1:21.69.

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# SHERIFF'S LOG

## THEFTS AND NEAR THEFTS

**CARMEL KNOLLS DR.** Resident reports house burglarized over weekend. VCR, TV, and stereo equipment taken. No value listed. 8/3/87.

**BARNYARD AREA.** Two attempted purse snatches 15 minutes apart. Suspect is white male adult, 18 to 20 years old, 5'8" to 6', slender, brown hair, wearing blue jeans, blue sweater, and tennis shoes. Gone on arrival. 8/5/87.

**ALBERTSON'S.** Carmel woman reports purse stolen from her car while in Albertson's. Felt to be related to August 5 purse snatches in the Barnyard. Continuation of surveillance. 8/6/87.

**CROSSROADS. BAY VIDEO.** Assistant manager reports theft of Sony Video Camera sometime during week. Recovered by Watsonville Police Department during unrelated shoplifting arrest. 8/7/87.

**MARQUARD RD.** Resident reports items taken from residence he is moving out of. Home left unlocked since last Thursday. No value listed. 8/8/87.

**BARNYARD. CARMEL TIMEKEEPER.** Three ladies Bulova watches reported missing. No value given. 8/11/87.

**RIO RD.** Resident reports theft of ceramic elephant from his front porch. No value given. 8/12/87.

**CROSSROADS, RIO RD.** Pacific Grove woman reports someone removed her wallet from her purse at a Rio Road clothing shop. Brown wallet contained \$20 cash and miscellaneous credit cards, license, and papers. 8/12/87.

## THINGS THAT GO BUMP IN THE NIGHT

**SLEEPY HOLLOW.** Resident reports 3 Mexican male adults in a yellow Ford with a rifle. Vehicle at 13.6 marker west of Sleepy Hollow all day without occupants. 8/1/87.

**FORD RD.** Resident reports hearing what she believed to be footsteps on her patio. Nobody seen, but there had been a prowler there before. 8/2/87.

**LA PRADERA.** Resident reports suspicious vehicle and nude white male parked in front of residence. Vehicle gone on arrival. 8/4/87.

**CARMEL VALLEY RD.** Resident reports finding trash scattered along east side of

property. Thinks transients or other undesirables are using area. 8/5/87.

**RANA CREEK RANCH.** Resident reports poaching on the increase due to the full moon. Requests close patrol along Carmel Valley Road after midnight. (And the goblins will getcha if you don't watch out!)

**SKY RANCH.** Resident reports screen knocked off living room window while she was shopping. Nothing in the house disturbed except for a paper towel shut in the kitchen door. 8/9/87.

**LOS TULARES.** Resident reports hearing shots for the past month. 8/9/87.

**PRINCE'S CAMP.** Call received at Communication Center. Caller tried to talk, but was prevented from doing so. Call traced to unoccupied house. (Had to be Martians, at least.) 8/11/87.

## VANDALISM

**CANADA COURT.** Resident reports vehicle vandalized. No value given. 8/11/87.

**RIO RD.** Resident reports mailbox damaged on August 9. 8/12/87.

## ONE (OR MORE) TOO MANY

**CARMEL MISSION INN.** Manager reports having trouble getting man to pay his bill. Same man, a San Francisco transient, as reported as "suspicious" at the Pebble Beach Polo Field. Man was walking on to playing field and leading people's horses around. Escorted out of Forest and was headed back to the Carmel Valley motel or hotel "where he roosted the last couple of days." Again escorted off Polo Field property later in the day. 8/3/87.

**TRAIL & SADDLE CLUB.** Local reports several persons fighting during party at Trail and Saddle Club. Party dispersed upon our arrival. 8/3/87.

**RANCHO CANADA & CV RD.** Man arrested for drunk driving. 8/11/87.

## THE YOUNGER GENERATION

**JENSEN'S CAMP.** Resident reports her son pushed her off some steps. Son lodged in Juvenile Hall. 8/6/87.

**CHAPARRAL.** Area check requested at residence. Parents away overnight and think there is going to be a big beer party tonight. 8/6/87.

**LA RANCHERIA.** Resident reports his 14 year old daughter and two teenage house-

guests sneaked out of the house between 11 and 11:30 p.m. Returned at 6:15 a.m. 8/9/87.

## GOING TO POT

**VIA LA GITANA.** 30 marijuana plants confiscated. SED (Special Enforcement Detail.) 8/4/87.

**ESQUILINE RD.** Search warrant served. 46 marijuana plants found and seized along with dried marijuana and small amount of hashish. No other details. 8/6/87.

**CHURCH CREEK DIVIDE & TASSAJARA CREEK.** 378 cannabis plants, 2 to 6 feet, and 22 cannabis plants 2 1/2 to 4 feet taken. No suspects located in either garden, although miscellaneous camp equipment found. SED (Special Enforcement Detail.) 8/11/87.

## ON LOVING THY NEIGHBOR

**BORONDA RD.** Verbal argument reported at home. 8/1/87.

**MEADOW DRIVE.** Real estate agent reports having civil problem with resident as she was showing the house for sale. 8/3/87.

**CROSSROADS, GREAT SCOTT PIZZA.** Owner reports white male adult, 5'01", 145 lbs., transient type, possibly in possession of concealed weapon. Subject gone on arrival. 8/3/87.

**SCHULTE RD.** Resident reports that someone shot his dog. 8/3/87.

**CHEVRON, RIO RD.** Manager reports employee causing disturbance after being suspended for the day. 8/4/87.

**PASO MEDIANO.** Loud party reported. Contacted resident who agreed to keep it quiet. 8/9/87.

**LOS AGRENEMSSORS.** Menlo Park man reports people partying on property he owns on Los Agrenemssors. 8/11/87.

## FOR BETTER...OR WORSE

**JENSEN'S CAMP.** Woman reports her boyfriend will not leave. He left when we asked him to do so. 8/8/87.

## BAD CHECKS

**ANIMAL HOSPITAL of the CROSSROADS.** Veterinarian reports bad check from man. 8/6/87.

## FIRE, FIRE BURNING BRIGHT!

**DE EL RIO.** Resident discovered small grass fire at dead end of Los Helechos near old Girl Scout Camp. Fire started by another resident who dumped ashes out of hibachi he had used the night before while camping out there. Burn area about twenty feet in diameter. 8/2/87.

## AND NOW IT'S HAPPENING HERE

**RIO RD.** at entrance to CROSSROADS. Georgia woman reports that a white male adult in a faded red Honda pointed a hand gun at her, and she felt a projectile hit her in the back of the head. Her brother-in-law found a yellow, plastic ball in the front seat. Apparently hand gun was pellet type or an air pistol. Subject vehicle sold last week and new registered owner not listed. 8/12/87.

## Dog Show At Middle School

The Del Monte Kennel Club will present its annual All Breed Dog Show and Obedience Trial on Saturday, August 29, on the grounds of Carmel Middle School. Approximately 2000 dogs will be shown, representing over 100 breeds. Exhibiting will begin at 8 a.m., climaxing with Best in Show judging at approximately 5 p.m.

There will be a \$2 parking charge, but admission is free. A portion of the show's proceeds will be donated to the Carmel Middle School Development Fund.

## Sirius Puppy Training

presents

A One-Day Seminar

Canine Aggression

September 19

For info call (415) 658-8588

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At Quail Lodge 3-1/2 miles from Hwy. 1 on Carmel Valley Rd. Cocktails from 5 pm — dinner every evening from 6:30 pm. Jackets and reservations requested.  
(408) 624-1581

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## Car Seat Coupons Available

Discount car seat coupons are available each Tuesday at 10 a.m. at a car seat safety class in the lobby of the Monterey County Health Department, 1270 Natividad Rd., Salinas. Proper car seat usage is demonstrated and a film is shown.

## COCO LA FLEUR



European Cooking  
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Valley Hills Center  
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(408) 625-5366

## Vision Screenings For Children!

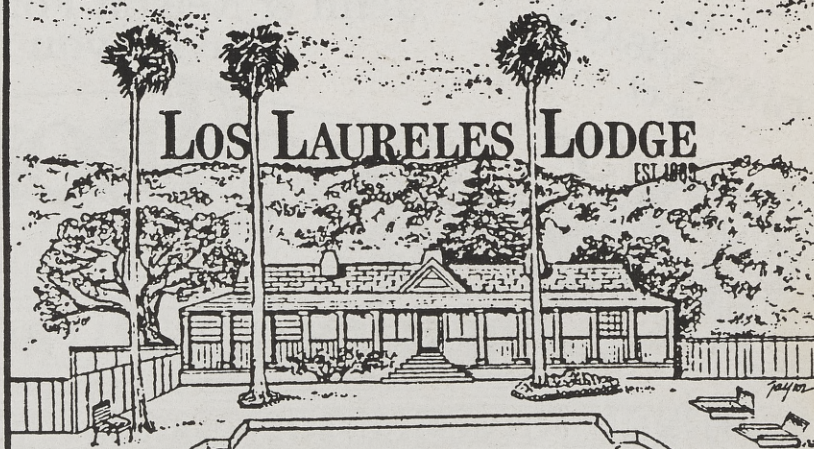


This summer during the month of August Drs. Kim and Irving Hartford are conducting vision screenings for children on Fridays! The screening will cost \$10 and will check for problems with visual acuity, eye muscle coordination, and health of the eyes. Please call for an appointment.

Irving H. Hartford, O.D. Kim A. Hartford, O.D.  
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625-3911

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Reservations: 659-2233

## LOS LAURELES LODGE

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Carmel Valley Rd. • Carmel Valley, CA



## An Old Friend Says Thanks To His Friends In The Valley

By Grace Darcy

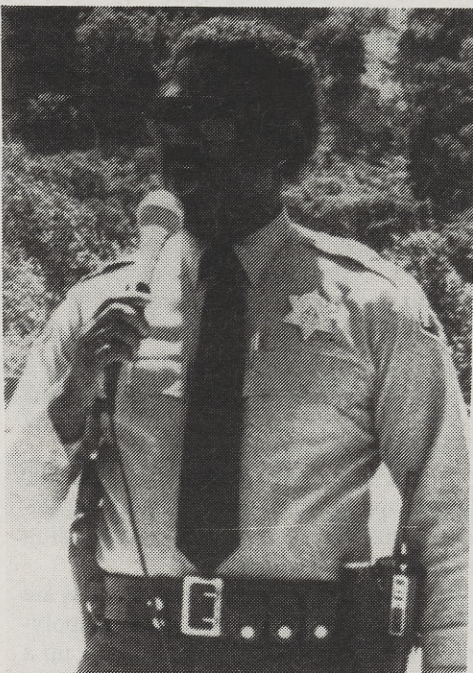
Usually, when I go to Monterey to pick up the entries in the Sheriff's Log for the *Sun*, I chat a bit with Jackie Gash, the very nice woman who gets me the log and who talks to people who come into the Sheriff's Office or call on the telephone.

This past week, to my utter surprise and delight, a familiar brown face split right in two by the biggest white smile I've ever seen was right next to Jackie, looking over her shoulder.

It was Pat DuVal all right, and he looked great! Pat, you will recall, had a minor stroke during one of his performances at Los Laureles Lodge a while back. He's well on the mend, now, is singing again at Los Laureles Lodge ("They say it's therapy for me," he chuckles), and is working a part time shift at the Sheriff's Office.

After I get a big hug, an idea hits him. "Grace," he asks, "Will you thank everyone in the Valley, just everyone, for all the kindnesses they've done for me while I've been sick?" I allowed as how I'd do my best.

Pat began with the Carmel Valley Fire Department. "Those guys," he said, shaking his head. "They were there at the Lodge so quickly when I became ill, I couldn't believe it. I thought maybe I wasn't going to make it, but I knew they would do everything they could to help



Pat DuVal

me. I can never thank them enough...they are just, just..." Pat's dark eyes moisten; the memory is still sharp, painful.

The mood changes, and he remembers the big palm that "the guys at Murphy's Lumber sent to me." He laughs recalling the size of it, not remembering perhaps that he has a heart that is even bigger.

"That Anne Olivier," he says, thinking about his friend, the Executive Director of the Carmel Valley Chamber of Commerce. "You know, she dropped by that hospital every day, either on her way to play tennis, or coming back, and she always brought me a little gift," Pat recalled. "She's something else."

"And Ron and June Levora," he said, referring to the *Sun*'s office manager and her husband, both devoted Pat DuVal fans, "They were terrific, too. He even promised me a job, if I wanted one."

Pat recalled the "old days" when his beat was in Carmel Valley. "Then the kids knew when they upset me," he remembered. "I used to talk to them, and explain the way things were so that if I had to pull anyone in for any reason, he or she knew they deserved it." He chuckled, seeing in his mind's eye the faces of the many youngsters he counseled, perhaps even saved.

"Some of those kids probably grew up to be the ones that helped save me," he said, suddenly sobered. "God bless them."

Your thanks are hereby sent, as you requested, to your million friends in the Valley, Pat. Know they are received with joy that you are well again, singing again, and being with us. Know, too, that the million friends are the fruits of your labors, your kindnesses, your caring...and by your fruits, we know...and love...you.



## Davies-Dallman Nuptials

Making their golden years more golden, Ethel Davies and Leon Dallman, both of Rippling River Center, were wed Friday, July 31, in the first marriage ceremony performed at Rippling River.

The bride and groom exchanged vows in the music room, overlooking the dining room, where a reception was held. Coco Cunningham officiated, and Holly Farmer played her zither and sang. The daughter of the bride, Betty Jane Klaas of Carmel, and three of the groom's daughters, Barbara Morris of Marina, Wendy Joy of Alameda, and Londa May of Livermore attended. Six grandchildren also were present.

Residents and other friends gathered to wish the couple well.

After their honeymoon, Mr. and Mrs. Dallman will reside at Rippling River.



Leon Dallman and Ethel Davies Dallman

## Valley People

By Grace Darcy

By the time you read this, two of our favorite people will be back in town after a well-deserved vacation. They are 5th District Supervisor KARIN STRASSER KAUFFMAN and husband DR. RICHARD KAUFFMAN. We're looking forward to hearing all about the trip...

Some very well-known women visited John Gardiner's Tennis Ranch recently to honor PAT HAIG, spouse of former Secretary of State ALEXANDER HAIG, at lunch. Attending were CHRIS ARMANASCO, JOAN FONTAINE, LYNDIA BIRD ROBB, VIRGINIA STANTON, ARTIE EARLY and NANCY BORLAND. The luncheon was hosted by MRS. WILLIAM DUNEY of the Duneys Vineyards.

Obedience training for your computer? That's what Carmel Valley's KATHY EVANS offers through her new firm, Byte Back. According to KATHY, Byte Back is designed to help business professionals make full and efficient use of their computer programs and equipment by customizing standard software to their requirements...neat idea, KATHY. Look for a story soon in the *Sun* about DON JENSEN, that marvelous man who teaches Village youngsters how to make models, paint, and other neat industrious things...the kids are crazy about DON. DR. MELANIE LERNER is the new Oriental Medical Doctor and Acupuncturist in town...She's at Clock Tower Place, and specializes, among other things, in Stress Control and Pain Relief.

WENDY KIMBER and SUSAN MC DONALD are the two hard-working gardeners you see keeping the grounds neat around the Bank of America building in the Village...their tender ministrations are both decorative and practical...The two women call their company Property Services, a full-service landscape and gardening company...The nice thing is they love their work.

Best wishes for a speedy recovery to PHILIPPA HASTINGS, who injured her foot recently, to the GWEN MAY of Animal Welfare, who spent a few days in the hospital recently, and to artist VIRGINIA FORD who is recovering from the flu...on the brighter side, warm good wishes from the entire community to DON CUMMINGS, who recently retired from the Fire Department after years of exemplary service...From all of us, thank you, DON.

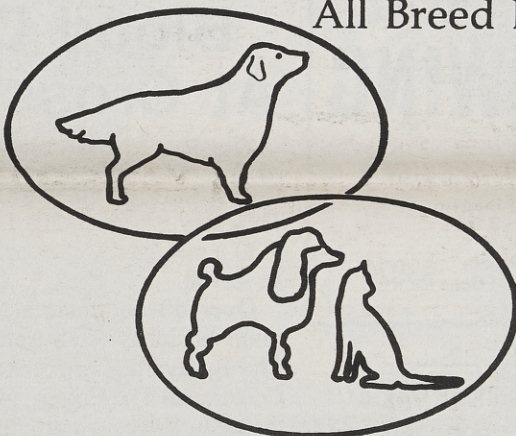
You know, we'd love to hear from you and you, and especially from YOU...has someone you know done something special for the community? for animals? for the betterment of humanity? Has someone special had a birthday? Anniversary? Please let us know so that we can share with our readers.

'Til next time...

Deadline for Next Issue: August 25  
For Ads and Copy. No exceptions please!

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625-6922 (Behind "Corner Coffee Shop")

8:00—5:00 Tue.—Sat.

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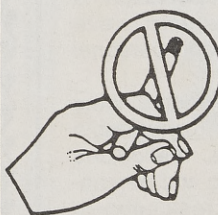
**C** VITAMIN  
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## Thus Spake Yavor

By Yavor Bachev

There is an alternative to every alternative.

Senior citizens are allowed two tax exemptions until they are completely "exempted."

"Live and let live" should be the "Eleventh Commandment."

Soon even the label "Made in U.S.A." will be made in Japan.

A major nuclear "accident" could reduce the chances of smaller ones to zero.

Most men are faithful...to their mistresses.

Our progressive practice of cremation will put the anthropologists progressively out of business.

Finally the West attempted apartheid against South Africa's whites who could care less: they invented it.

In a Welfare State only the unfittest will survive.

A rich man could leave all his fortune to his dog, while a poor man could leave only his bones...either way the IRS will get the dog for inheritance taxes.



Yavor Bachev is a political refugee from Bulgaria who came to Carmel Valley in 1969. He brought with him a Bulgarian tradition of wit and wisdom that he now shares with his friends and customers at Yavor's Deli in Mid-Valley.

Intellectually speaking, you could count on your fingers how many of your friends could count their toes.

## Point Sur Docents' Applicants Sought

Applications are currently being accepted for volunteer docents at the Point Sur Lightstation.

Beginning this summer, tours of Point Sur State Historic Park have been given by volunteer docent guides on a weekly basis. In order for the program to continue and gradually expand, more docents are needed.

Training will be held in September and October. It will include classes in the natural and cultural history of Point Sur and the Big Sur area, field trips to other lighthouses, CPR certification, and attendance on Point Sur tours already being given. Docents volunteer a minimum of 6 hours per month year round.

The purpose of the program is to provide an informative and pleasurable tour to interest visitors, as well as a rewarding experience for the docents.

Those interested in becoming docents are encouraged to attend a tour prior to applying. Tours involve a 1/2 mile walk up a 300 foot rise in elevation. Tours are currently given on Sundays at 10 a.m. and 1 p.m. Due to the lack of development, food, beverages, dogs, and motorhomes cannot be accommodated. Tours last 2-3 hours, and there is a \$3.00 fee per car.

To get an application leave your name and address at the state park office of the Big Sur District, call 667-2315, or write to Point Sur Lightstation Docent Program, Pfeiffer Big Sur State Park #1, Big Sur, CA 93920.

## Road Work Scheduled

Public Works Director, Bruce W. McClain, announced that the Public Works Monterey Crew will place an asphalt and crushed rock surface on some Carmel Valley Roads.

Work on these roads began on August 17 and should be completed by August 28.

Traffic will be subject to control by flaggers with possible short delays. Even though flaggers are not always present after the roads are surfaced, the roads are posted "Loose Gravel." Speeds in excess of 25 miles per hour can cause rocks to fly up and damage vehicles.

The application of this type of road surface reduces maintenance costs, extends the life of the road and improves the driving characteristics of the road. For information on specific locations call Public Works Department 1-424-0991.

## CPR Class Offered

Carmel Valley residents who wish to learn cardiopulmonary resuscitation (CPR) training can attend a class on Thursday, August 20, from 6 to 10 p.m. at the Lockwood Chiropractic Clinic, 26485 Carmel Rancho Blvd., Suite 1 in Carmel. To enroll in the class, please contact the instructor, Mark S. Kimes, D.C., at 624-8558. The fee is \$10.00. Those who complete the course will receive American Heart Association CPR certification.

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in The Village, Carmel Valley  
659-5026

**Agribusiness Day '87**  
Wednesday, September 2  
Call Salinas Chamber of  
Commerce for information  
1-424-7611

## Blood Drive At Crossroads

The Red Cross/Community Hospital will conduct a blood drive in the Crossroads Community Room on Thursday, August 20, from 11 a.m. to 3:30 p.m. Sandwiches and beverages will be served.

Over 50 commercial, industrial, and retail business establishments located in The Barnyard, Carmel Rancho Shopping Center, and The Crossroads will encourage their employees to participate.

The general public is invited to attend, be tested, and donate blood to help save lives.



**Danny Luster**

Carmel Valley's Danny Luster of the Monterey Peninsula Turkeys soccer team slide tackles a San Jose Charger. The Peninsula under-16 youth soccer team recently concluded its summer season. During the year, the Turkeys defeated teams from San Francisco, Santa Clara Valley and Watsonville. Their only defeat was to an older all-star team from San Jose. The team's coach describes Luster as "one of my best players."

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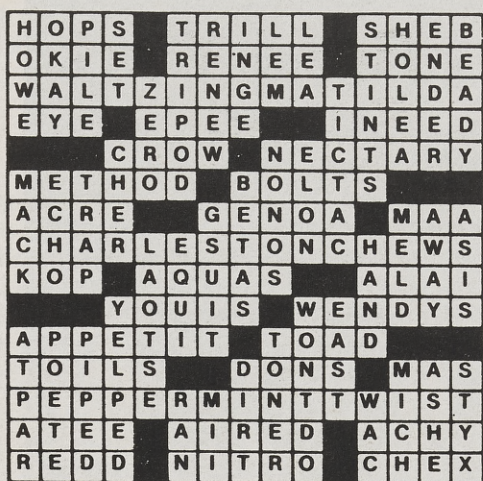
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**SPCA Third Dog Wash**  
**Sunday August 30,**  
 11 am until 3 pm  
 1002 Monterey-Salinas Highway  
**Prices \$3 to \$6.**  
 Reservations not required  
**For information call 373-2631**

**Volunteer.**



**American Heart Association**

## Film Advisory Applicants Sought

Fifth District Supervisor Karin Strasser Kauffman is seeking applicants to serve on the newly formed Monterey County Film Commission. The primary goal will be to attract film production.

Qualified applicants representing environmental groups or the hospitality industry and residing in the Fifth District should contact Supervisor Strasser Kauffman's office at 1200 Aguajito Road, Monterey, CA 93940 or call 649-6515. The Fifth District includes the Aguajito, Skyline Forest, parts of Monterey and Pebble Beach, Carmel Valley, Carmel, Big Sur and the Toro areas of the County.

## Diabetes Health Fair Scheduled

Anyone interested in information on diabetes is invited to attend a Diabetes Health Fair at 7 p.m. Wednesday, September 2 in the Main Conference Room at Community Hospital of the Monterey Peninsula.

The annual event will feature displays by more than 10 manufacturers of the latest glucose monitoring and insulin delivery systems, plus many other patient items. Visit the cooking corner, staffed by a registered dietitian for healthy hints, recipes, and the new American Diabetic Association exchange lists.

For further information, contact Community Hospital Patient Educator Cindy Onufer, 625-4644.

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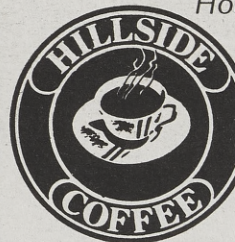
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## New Association Seeks Better Residential Care

By Grace Darcy

When Elizabeth Jameson's\* mother-in-law needed residential care recently, the family thought they chose carefully. However, after three days in the facility, the older woman's watch was missing, three of her brand-new nightgowns were gone, and her personal hygiene left much to be desired.

"These are the kinds of things we want to avoid through our Association," said Pearl Williams, owner of two Williams Residential Care Homes, one on the Carmel Valley Road near Scarlett Road (for men only), and the other at Via Petra (for women only).

Since January 1987, Pearl Williams has been president of the newly formed Association of Monterey County Teachers and Care Providers, the local chapter of the 3000 member California Association of Residential Care Homes (CARCH).

"By definition, a residential care home is room and board for people who are able to maintain themselves, but can benefit from living in a home where cooking, cleaning, monitoring of medicine, and 24 hour supervision is available," Williams said.

Within that periphery, the definition can be even more specific. There are residential care homes for the elderly, for the developmentally disabled, for accident victims. There are small residential care homes with one to six elderly people living as a "family" in a residential setting, and there are larger homes with rooms for individuals plus a central family room with TV and/or game tables. "In both cases," Williams said, "activities are provided according to abilities and opportunities."

Pearl Williams is concerned about people like Elizabeth Jameson's mother-in-law. She also is concerned about her own industry. Her clear blue eyes cloud briefly as she tells of the many residential care homes that are put out of business because they don't know the rules and regulations. "I've been a member of CARCH for eleven years; I want to get this local chapter going. When people open a residential

care home, they must know the rules."

The goals of the Association of Monterey County Care Teachers are (1) to change and improve the public image of residential care homes, and (2) to police themselves.

"The State is coming down hard on residential care home operators who violate the rules; it's time, and I'm glad," said Williams. "The State of California has a manual that every residential care home operator should follow. Unfortunately, too many don't even have the manual much less the changes," Williams said. "Some don't keep records at all."

Despite the need, Williams and Association vice president, Addison (Tad) Church, owner of The Church House, Carmel, are meeting resistance to joining from other residential care home owners.

"We would like the Association of Monterey County Care Teachers and Care Providers to become the agency through which the public can choose the best residential care homes," Williams said. "In other words, if a home is a member of the Association, then that home has met the high standards of the Association."

There are stringent qualifications for joining. Each home would be visited. After her election as president of the Association, Pearl Williams personally devoted an entire month to becoming more familiar with the residential care facilities in Monterey County. "There is a great need for the Association," Williams said. "The Association can establish standards, serve as a referral service for potential residents, serve as a consulting agency, offer free advice on menus and meal planning, screen potential employees, and provide many other vital services that can only enhance the quality of residential care."

Tad Church, who formerly was a Licensing Analyst for the California State Department of Social Services Community Care Licensing Division, is willing to consult on licensing requirements. "I was



Addison (Tad) Church and Pearl Williams

once the guy everyone was afraid of," he said, "but now I'm ready, through the Association, to help others understand the rules and comply with them."

Are State rules too stringent? Neither Williams nor Church thinks so. "Actually, the State should be on people's backs more than they are," Church said.

"We will also serve as advocates for our members if and when problems arise," Williams said. "We can also provide administrative support—when a key person is ill or on vacation, we can provide an effective temporary substitute. Not having this kind of support available can jeopardize an entire operation."

Pearl Williams' two residential care homes are warm and friendly. The all-male home on Carmel Valley Road was where we visited her. Why all men? "Because they wanted it that way," she smiled. "On Via Petra, it's all women for the same reason—they wanted it that way."

How do the men in Ms Williams' all-male house accept her? "On, they tolerate me," she smiled, "and they tolerate the cleaning woman." In fact, the men, all over 62 years old, admire and respect her. They are active, help with the yard work, and have planted, cared for, and harvested a vegetable garden.

They help in the kitchen, and they learn to care for each other. When anyone is feeling low, the others make it a point to look in and say a cheering word. "They live together and discuss problems like any other family would," Williams said.

"Most have families," Williams said. "All of them have means. For some, the

bank handles their affairs; for others, it's their families who take care of the purse."

At both Williams Residential Care Homes, the cost is \$2,500 per month; most others as nice are comparable.

Pearl Williams has spent a lifetime helping others. She loves what she is doing, the people under her care. She's concerned about those who are not getting good care. "I know everyone cannot afford a residential care home like mine or Tad's," she said, "but there are homes on the Monterey Peninsula that will take people in who are on SSI or Social Security. They are set up for lower income people, and within that scope, they are clean and acceptable." As members of the Association, these multi-occupant, lower income residential homes also would be rated.

She remembers the many years she spent doing research before she began her own residential care homes, the work it took, the commitment. "Having a residential care home is not an easy task," Williams said. "It's confining, frustrating at times, but very gratifying."

Pearl Williams and Tad Church believe that the Association of Monterey County Care Teachers will help assure better residential care homes. "As care givers, we're all reaching toward the same goal," she said. "If we strive together, we will be better able to serve the dear, often fragile people who require residential care. We will be able to establish on-going programs between those who need help and those who fulfill the need."

And Elizabeth Jameson's mother-in-law will find the right place for her.

\*Name changed for confidentiality

## SHASTA Faces Life as Bag Lady



Who would believe that a lady of pure blood and refined education like myself could fall into circumstances such as these. Just a month ago, my idea of retirement living was a corner in a cozy kitchen with gingham curtains and the smell of apple pie in the air. But now, here I am, a bright and well-mannered 8 year old Norwegian Elkhound and I'm forced into the life of a bag lady.

Do you know someone who has a well-fenced yard, a kind heart and a little time for walks, conversation and grooming. If you do, I would love to be their devoted friend and companion.

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# Ms. Trim: The Easy Way To Lookin' Good!

By Grace Darcy

The interior of Ms. Trim in the Crossroads Mall is separated from the hustle and bustle outside by exquisite lace curtains. The lighting is indirect, relaxing, playing gently upon the pleasing, muted colors. Soft music whispers in the background. All is restful, calming. There are a number of comfortable, decorator color tables placed throughout the salon's 1200 square feet. Women are lying on the tables which, in turn, are working vigorously contouring their bodies. There is none of the jostling or rushing that one expects in a shower room at a gym as people hurry back to work after a lunch hour spent "shaping up."

"We work with gravity, not against it," explains Sandra Williams, the tall, beautifully contoured former model who owns this particular Ms. Trim. "Because of this, there is no muscle pain; a Ms Trim treatment is more like a massage."

Bonnie Payne, who manages Ms. Trim, agrees. "Working with, not against, gravity gets the blood circulating. Everything here is done at your own level and at your own pace. There are no agonizing groans here, no sweat, and no strain."

The tables are, in fact, delicate instruments that are designed to correct a number of figure problems. They perform six separate and specific functions. Bonnie Payne moves to one of the flat, rather ordinary looking tables. "This is the Vibrator Table, and it isn't simple as it looks," she said. "It works on complete body toning, gently vibrating body surfaces to soothe and relax by increasing blood flow to surface skin cells." Sandra Williams stretches out on the table and demonstrates. Her body moves, but she is relaxed. She is not working, the table is.

"This is the Sandbag Table," continued Bonnie Payne, moving to another table, "and it works to strengthen stomach muscles, and firm and lift flabby muscles in the buttock area." Again Sandra Williams demonstrates. This time, she has a contoured "sandbag" on her tummy, and the table moves beneath her in a gentle, rhythmic action designed to break down cellulite and give the skin a lighter, smoother tone.

The Waist, Tummy, and Hip Table raises and lowers the legs helping to shed inches from the waist, stomach area, and hips while strengthening lower back muscles.

The Stretch Table effortlessly firms and tones upper arms, back and stomach muscles, improving posture, and overall body tone. The Leg Table slenderizes the entire leg area and concentrates on reducing inner thighs and "saddlebag" outer thighs. The Body Bender Machine strengthens and tightens muscles in the midriff, abdomen, and waist, and reduces inches in these areas. Lower back muscles are strengthened and overall flexibility is increased.

"Our entire process takes about an hour, and the client goes on each table every visit," said Sandra Williams. "We put you on properly and make sure the machine is doing the most good for your body."

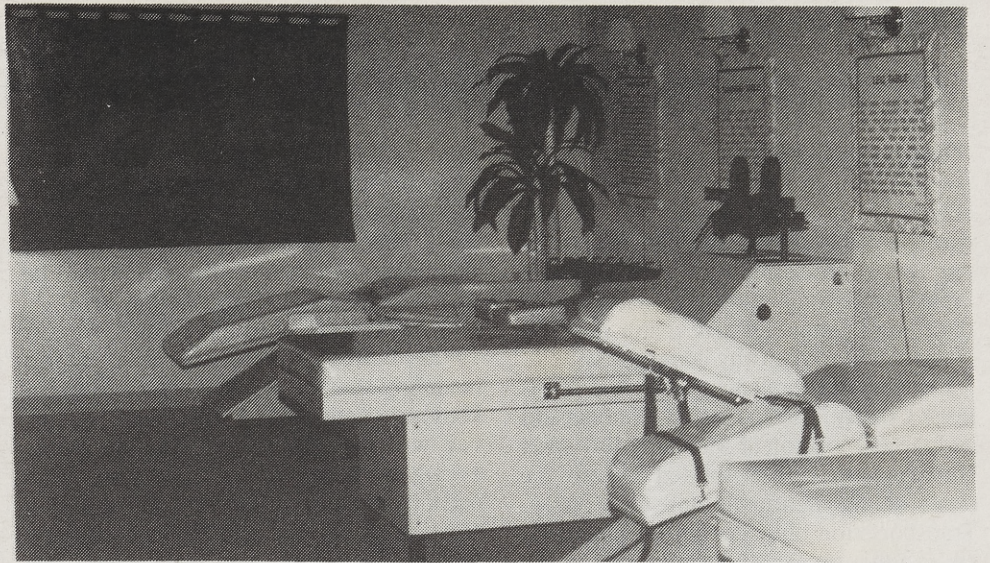
Certainly, the bodies on the tables appear to be working diligently even though their owners are relaxed and almost uninvolved.

"This is a workout all right," said Bonnie, "but on tables. Everyone is pleasantly surprised when they try it."

"Anytime your blood circulation is up, you're going to feel better," said Sandra. "It's a good high...a feeling similar to the euphoria that runners say they get, but without all the negatives."

Sandra and Bonnie seemed destined to meet. Sandra was a model and an avid golfer. When she wasn't teeing off, she was doing volunteer work with Meals on Wheels and the American Cancer Society. Ms. Trim marks her first venture into the world of business. "The nicest part is," said Sandra, "I am still helping people through Ms. Trim."

Bonnie Payne is well known on the Peninsula. She hosted *Women's World* on radio, and is a celebrity in both fitness and advertising circles here. Not long ago, Bonnie was in charge of a Fitness Fair at the Doubletree Inn. Sandra visited that Fair and saw the Ms. Trim tables on display. Sandra had an idea, but she needed some expert help. Through mutual friends, Sandra and Bonnie met, found they had mutual interests in fitness, and the rest is history. Sandra owns Ms. Trim and Bonnie manages the business.



Contour Tables at Ms. Trim

"Ms Trim is individually owned," explained Sandra, "but the name and the treatment is marketed. Other Ms. Trim establishments have similar equipment."

Ms. Trim in The Crossroads is the second Ms. Trim in California. The first is in Salinas. "I have always been very interested in fitness and nutrition, so this is just what I wanted," Sandra explained. "I went through six months of training (in Salinas) and attended fitness seminars to prepare for my business."

People are able to handle the Ms. Trim program easily. "We have women in their 80s as clients," said Bonnie, "and even some who are in physical therapy and who are recommended to us."

"Chiropractors and physical therapists have recommended people to us," said Sandra, "and we can handle women of all ages, up to 250 pounds maximum weight. Our program is so safe it can be used by women with heart conditions, arthritis, and high

blood pressure."

Not only is Ms. Trim easy on the body, it is easy on the pocketbook. "We offer a complimentary visit," said Sandra, "and then we have several ways of paying. The client can pay \$14 per session and come whenever possible, or the client can come twice a week, three times a week, or even every day, and pay by the month. The more you come in, the less it costs."

"This is so ideal for the working woman," Bonnie said. "It saves time because you don't have to warm up as you would for strenuous exercises..."

"...And," interjected Sandra, enthusiastically, "You don't mess up your makeup or your hair, and you don't have to shower afterwards and you feel absolutely great!"

"When you feel good about yourself, you feel better generally," added Bonnie.

And feeling good about yourself is what Ms. Trim is all about!

Below Gunsmith, across from the Chatterbox

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## Peninsula-Wide Traffic Study Being Conducted This Week

The first comprehensive study of Peninsula automobile travel patterns since 1970 started on Monday, August 17. It will document the origins and destinations of car trips throughout the Peninsula, including Carmel Valley. It will identify the role of commuter and visitor travel in contributing to highway congestion.

The study is implemented by the Monterey County Transportation Commission and the Association of Monterey Bay Area Governments. It is funded by the six cities on the Peninsula and the county. Transportation planners and elected officials hope to use the study results to anticipate future demand on the transportation system and plan improvements accordingly.

The survey has three parts: trips by residents, visitors and through traffic.

Over 20,000 Peninsula households have been asked to keep "trip logs" for all trips made with their personal vehicles the day and night of Wednesday, August 19.

Visitors to the Monterey Peninsula will be surveyed through their hotels and mo-

tels on the same day. In addition to recording their travel for the day, they will be asked the number of people traveling in their party, how they arrived on the Peninsula, and how likely they would be to use a visitor-oriented transit system.

From Monday through Friday, August 17-21, vehicles crossing four traffic recording stations at major entrances to the Peninsula area will be monitored. A survey will then be mailed to their home asking questions about their trip. This part of the study is intended to determine how visitor and through traffic contribute to local congestion, and from where this traffic is attracted.

Public cooperation in keeping trip logs and filling out survey forms is the key to the success of this important study. Questions on how to complete the survey or its purpose should be directed to the Association of Monterey Bay Area Governments at 373-6116 or the Monterey County Transportation Commission at 758-2702.



Part of the Carmel Valley History Society Exhibit at the Carmel Valley Post Office. The exhibit will be there through August 31. Don't miss it!

## Crosswords PLUS

Dance Fever, by William A. Hendricks

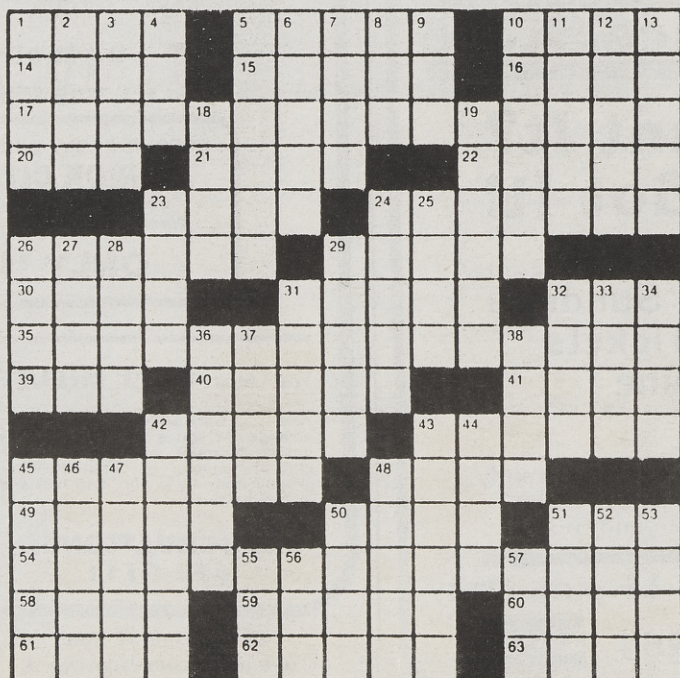
### ACROSS

- 1 Beer ingredient
- 5 Bird call
- 10 Singer Woolley
- 14 Western panhandler?
- 15 Writer/actress Taylor
- 16 Answering machine cue
- 17 Australian tune
- 20 CBS symbol
- 21 Dueling sword
- 22 "Your Love Tonight" (Elvis hit)
- 23 Contite one's meal?
- 24 Where's the bee?
- 26 Madness rationale
- 29 They go with nuts
- 30 Really unit
- 31 Columbus' birthplace
- 32 Ram's remark
- 35 Candy bars
- 39 Sennett player
- 40 Light blues
- 41 Jai
- 42 "Bess, My Woman Now"
- 43 Peller's old employer
- 45 Bon
- 48 Warty croaker
- 49 Works hard
- 50 Puts on
- 51 Pas' partners
- 54 Hit by Joey Dee & the Starlighters
- 58 Fits to
- 59 Brought out in the open
- 60 In need of liniment
- 61 Sly Fox
- 62 Safe-cracker's "soup"
- 63 Squarish cereal

### DOWN

- 1 Hockey great Gordie
- 2 Approve
- 3 Rock stock

- 4 Ready to go
- 5 Camera stand
- 6 Extend a contract
- 7 Come Back Little Sheba playwright
- 8 NASA moon machine
- 9 Grassy area
- 10 Tours of duty
- 11 putt (finish on the green)
- 12 Bitter (diehard)
- 13 Like some peepers
- 18 Goose egg
- 19 Ovoid mint
- 23 Mask star
- 24 They're unacceptable
- 25 N.C. college
- 26 "the Knife"
- 27 Sonic bounce
- 28 Bazon
- 29 Alphas' followers
- 31 Astronaut's wear
- 32 Blend
- 33 On vacation
- 34 Flea market tag
- 36 Oriental philosopher
- 37 Start for table or lateral
- 38 Round of applause
- 42 Squealed
- 43 Falls short
- 44 A Coast
- 45 Face-valued
- 46 Versailles versifier
- 47 up (spoke)
- 48 Copy machine supply
- 50 Incriminating info
- 51 W. of Wis.
- 52 Athlete Arthur
- 53 Rock group
- 55 Turned chicken
- 56 1002, to Tacitus
- 57 Lady in uniform



## Bike Trek Scheduled

Are you interested in bicycle touring but don't know where to begin or how to get started? Bike touring is a great way to see the country, get in shape, and meet a personal challenge. The American Lung Association would like to invite Carmel Valley residents to come along on their "Bay Venture Bike Trek For Life And Breath" September 19 - 21 around Monterey Bay area. This trek provides an opportunity to tour by bike without carrying gear, worrying about food or campsites, or spending a lot of money. In fact, The American Lung Association thinks it's the greatest vacation opportunity around. Enjoy new friends and help support your community's lung health by joining us on a 3-day, 150 mile trek of the Monterey Bay area. Call the local American Lung Association for details.

## Sign Up For Ranchers' Days

Entries are now being accepted for the fourth annual Carmel Valley Ranchers' Days to be held September 12 and 13 at the Carmel Valley Trail and Saddle Club.

This year's events include team roping, mixed team roping, stockhorses, barrel racing, team penning, calfbranding, muley roping, and a "stick-horse" race for the children. Silver buckles will be awarded to all event winners and a new Circle J Horsetrailer will be awarded to the "All Around Champion".

Entries are limited to residents of Monterey, Santa Cruz, San Benito, and Santa Clara Counties and must be postmarked no later than August 26. Entries may be obtained by calling 625-2606 or writing P.O. Box 611, Carmel Valley, CA 93924.

## Hay Fever At MPC Theatre

*Hay Fever*, by Noel Coward will be presented by Monterey Peninsula Community College Theatre through August 30, Thursday through Saturday nights at 8 p.m. and Sunday at 2 p.m. For information, call the box office at 646-4213 4 to 8 pm Tuesday through Saturday, or Center Stage Ticketing, 649-5561.

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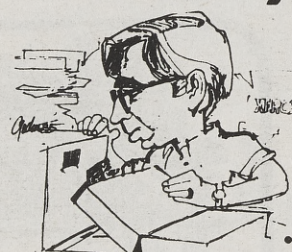
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## Let's Get Involved!

These community organizations invite you to attend their meetings. Any other organizations that wish to be included in future listings should please contact the Sun.

**Alcoholics Anonymous** - Meets at Crossroads Community Room, St. Dunstan's Church and Activity Center in the Village. Call 373-3713 for dates and times.

**Alliance on Aging** - Every Friday, program at 11:30 a.m. and lunch at 12:30 p.m. at Pacific Grove Community Center, 515 Junipero, Pacific Grove. For information, call 646-4636.

**American Association of University Women** - For information, call Dr. Hirsch 372-0177.

**Audubon Society** - 2nd Thursday, 7:30 p.m., Carmel High School Library. For information, call 373-0307 or 373-7669.

**California Native Plant Society** - 3rd Tuesday, 7:30 p.m., Carmel High School Library. For information, call 624-8497.

**Bridge and Canasta Group** - 4th Wednesday, 12:30 p.m., Fellowship Hall at Community Chapel. For information, call 659-4881.

**Carmel Area Coalition** - Meets as needed. For information, call 624-7494.

**Carmel River Steelhead Association** - 2nd Monday, 7:30 p.m., Crossroads Community Room. For information, call 625-2255.

**Carmel River Watch** - Meets as needed. For information, call 624-7494.

**Carmel Valley Chamber of Commerce** - 2nd Thursday, noon luncheon, various locations. For information, call 659-4000.

**Carmel Valley Garden Club** - 2nd Thursday, 8 p.m., St. Dunstan's Church. For information, call 659-2410.

**Carmel Valley Gem and Mineral Society** - 2nd Friday, 7:30 p.m., Crossroads Community Room.

**Carmel Valley Property Owners Association** - 2nd Wednesday, 7:30 p.m., St. Dunstan's Church. For information, call 659-4936.

**Carmel Valley Village Improvement Committee** - 2nd Friday, noon lunch at Los Laureles Lodge. For information and to confirm meeting, call 659-3089.

**Carmel Valley Women's Club** - 1st Wednesday, noon luncheon, at different locations between September and June. For information, call 659-5329 or 659-3532.

**Embroiderers' Guild of America** - 1st and 3rd Mondays, 7 to 9 p.m., at Neighborhood Centre, 280 Dickman, Monterey. For information, call 624-3144.

**Friends of Carmel Valley Library** - 1st Tuesday, 7 p.m., at Carmel Valley Library. For information, call 659-2377.

**Kiwanis** - Tuesdays, noon lunch, Hidden Valley. For information, call 625-3911.

**League of Women Voters** - 2nd Thursday, noon lunch, Presbyterian Church, 501 El Dorado, Monterey. For information, call 375-2005.

**Lions Club** - 1st and 3rd Wednesdays, 7:30 a.m., Crossroads Community Room. For information, call 624-3580.

**Monterey County Board of Supervisors** - Tuesdays, 9 a.m., Supervisors Chambers in County Courthouse, Salinas. For information on agenda, call 424-8611 ext 265.

**Monterey County Planning Commission** - 2nd and last Wednesdays, 9 a.m., Supervisors Chambers in County Courthouse, Salinas. For information on agenda, call Planning Department, 422-9018.

**Monterey Peninsula Water Management District** - 2nd Monday, 7:30 p.m., Monterey City Council Chambers. For information on agenda, call 649-4866.

**New Forum** - 3rd Monday, noon lunch at The Lodge, Pebble Beach, reservations required. For information, call 372-3469.

**Professional Woman's Network** - 4th Tuesday, 7 p.m., Sunset Center, Carmel. For information, call 646-0796.

**Quota Club of Carmel** - 2nd Wednesday General Meeting, 4th Wednesday Program Meeting, 7 p.m. at Big Dipper Restaurant, Pacific Grove. For information, call D. Amaral, 649-4674.

**Rotary International (Carmel Valley)** - Tuesdays, noon lunch at Rancho Canada. For information, call 625-3939.

**Sierra Club** - 1st Tuesday, 7:30 p.m., Carmel High Library. For information, call 625-3694.

**Soroptimist International of Carmel Bay** - 2nd, 3rd & 4th Wednesdays, noon lunch sat Pine Inn, Carmel. For information, call Judy Brooke, 624-8501.

**Soroptimist Club of Monterey Peninsula** - 1st and 3rd Thursdays, noon lunch at Surdi's Restaurant, Monterey. For information, call M. Oksayan, 624-7019.

**Zonta International** - 1st Tuesday, business meeting, 7 p.m., at Monterey Library. 3rd Tuesday, dinner meeting, 7 p.m., Surdi's Restaurant, Monterey. For information, call G. Byrne, 372-6585.

## Is Your Drinking Water Milky Looking?

Milky-looking water has caused a number of inquiries to California-American Water Company, according to manager Larry Foy.

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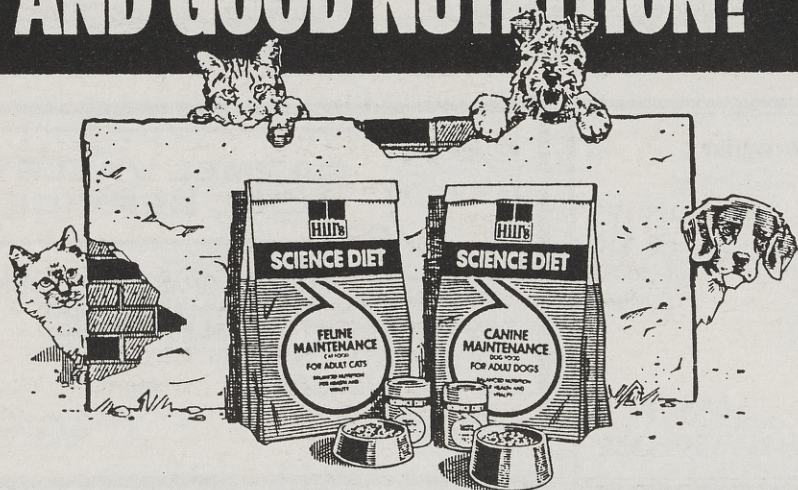
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## Video Review

Courtesy of Valley Video

There are some old time movies (black and whites) making the rounds these days, and if you'd like a break in your routine, it might be fun to pick up one or two and look back on what once was top notch movie entertainment. We did just that this past week or so, and I can't say we were enthralled. The first "oldie" was *The Fountainhead*, Ayn Rand's classic on rugged individualism. The movie starred Gary Cooper, Patricia Neal, and Raymond Massey. This reviewer dearly loves color, so the black and white was not satisfying at all, even though there were some excellent shots. I enjoyed *The Fountainhead* immensely the first time I saw it 30 or more years ago, but for me, the thrill is long gone. Even Rand's objectivist philosophy has paled over the years, and the only performance that was worth while was Massey's...but then he was always an outstanding actor.

Another oldie recently viewed was *The 39 Steps*, one of Alfred Hitchcock's earlier thrillers, also in black and white. This movie starred Robert Donat and Madeleine Carroll, and although not as good visually as *The Fountainhead*, was superior in its story line. This is a spy story and lacks much of the suspense and excitement that Hitchcock films came later to mean; nevertheless, it was interesting enough and worth a view.

It was refreshing, however, to know that one could watch an entire movie without wondering if there would be violence or profanity. That simply was not at issue back then, and that's one part of the old films I'd like to see come back.

Take, for example, an excellent current

release entitled *Duet for One*. This film stars Julie Andrews, Alan Bates, and Max Van Sydow, and is the story of an outstanding concert violinist (Andrews) who is afflicted with multiple sclerosis. Her husband (Bates) leads a symphony orchestra and is an ineffectual but amusing mate. Van Sydow plays Dr. Feldman, the psychiatrist Andrews visits to work out her rage and pain over her cruelly ended career. As I said, it's an excellent picture, but are you better able than I am to handle Andrews' uttering the most despicable profanities, not just once, but over and over again? Sorry, it made me very, very uncomfortable and, in a real sense, spoiled the picture for me...and it was totally unnecessary. The story line was great, the performances outstanding...there was no reason for producer Blake Edwards to have his star (and his wife) utter profanities.

Okay, so I'm fussy...or old fashioned...whatever you want to call it, but the new release *Rebel*, starring Matt Dillon, didn't send me either. No, there was little, if any, profanity (it was so unmemorable I can't remember) but this is a dull little story featuring a very dull "leading man." I put that in quotation marks because I don't understand why Dillon rates "leading" status. In *Rebel*, he is an unattractive wiseguy AWOL in Australia during World War II. He cons a young Aussie singer to take him in, and they become lovers. She really cares; we don't know if he does or not. He plans to leave, to run away, but in a last minute about face, he remains to "take his medicine." Nothing wrong with this one, but it lacks a plot, good characterizations, an interest-

ing story, and just about everything else.

\*\*\*

On the positive side...*The Color Purple* starring Whoopie Goldberg is available and should not be missed. *Crocodile Dundee* has been released, and we hear it's great, but it's been out just about everywhere. By the time we get it to review, you probably will have seen it, but we'll keep trying anyway. Please don't miss *A Place for Weeping*, one of the finest movies this reviewer has ever seen; get it today!

If you haven't seen them already, don't miss the new releases of *The Honeymooners*, or the ever great *Citizen Kane*, *San Francisco*, and some of the other movies of days gone by that are still worth seeing today.

## Need Fire Protection Advisory Applicants

Fifth District Supervisor Karin Strasser Kauffman is inviting applications from interested constituents for a 3 year appointment to the Monterey County Service Area #43 Advisory Committee. The Committee advises the Board of Supervisors in all matters of fire protection in its area.

CSE #43 consists of the unincorporated area round the city of Carmel, and applicants are required to be residents of the area.

Interested residents of the area should contact the office of Supervisor Strasser Kauffman at 1200 Agujito Road, Monterey, or call 649-6515.

## Tips For A Better Barbecue Season

By Patricia A Snow,  
Home Advisor, UC Agricultural Extension

### Food Preparation

Allow plenty of time for frozen meats, fish, and poultry to thaw. Do not thaw these products on the kitchen counter at room temperature — bacteria can multiply rapidly in the warm outer tissues before the inner regions are thawed.

- Move meat or poultry from the freezer to the refrigerator a night or two before you need it. Small cuts will often thaw overnight.

- If meat is still partially frozen when you're ready to leave for your picnic, be prepared to cook a bit longer once you arrive.

### Food Safety

- Cook everything thoroughly. Hamburger patties, pork chops, and ribs should be cooked until all the pink is gone; poultry until there is no red at the joints. Cook fresh fish until it flakes with a fork. If you like your steak rare, remember that some food poisoning organisms can survive short cooking times and internal temperatures of less than 140 degrees Fahrenheit.

- If you're cooking very large quantities that may be held before serving, remember that foods should be held at 140 degrees F or higher. Bacteria multiply rapidly in foods held for two hours between 60 degrees and 120 degrees F. Meats, fish, and perishable foods should be discarded after

four hours in this temperature range.

- If there's no water faucet available, use disposable wipes to clean your hands before and after working with foods.

- Keep bacteria on raw meat and poultry from spreading to other foods. Wash hands again after working with raw meat or poultry and before handling other foods. When meat and poultry are cooked, remove them from the fire with clean utensils and place on a fresh plate for serving. When using a covered cooker, cook with vents open. Other ideas: spread hot briquets further apart or place outer leaves of lettuce over hot coals. Or, keep a clean spray bottle on hand to dampen flare ups with water.

- Marinate foods overnight in the refrigerator to tenderize and add flavor. Baste with remaining marinade while grilling.

- Steam vegetables, chicken cutlets or fish fillets wrapped up with herbs, spices, and lemon juice or a slice of fresh lemon in heavy-duty aluminum foil.

- Partially cook large cuts of poultry or meats in the microwave then finish over the briquets.

- Do not baste with sweet or tomato-based products until the last 15-20 minutes of grilling to prevent excess burning or browning. Source: "Forecast for the Home Economist," May/June 1987.

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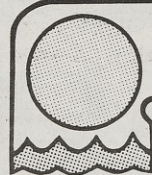
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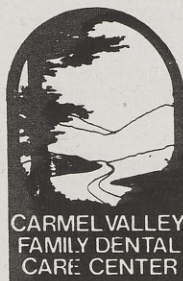
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# FINANCIAL FOCUS

Courtesy Joyce Ward, Financial Consultant, Shearson Lehman Brothers, Inc.

## Sector Investing: A Strategy Best Left To The Experts

You've probably heard tales of "market killings" from relatives and friends who have "struck it rich" by picking the right sector (industry group) to invest in at the right time. You should know, however, that sector investing is risky and requires extensive research and knowledge. Recently, some investors have turned to sector mutual funds.

Sector funds generally invest in stocks within one industry, such as health care, energy, high technology or financial services. At times during the historic bull market of the '80s some of these funds have turned in impressive performances. At other times, because these funds must stay invested in only one specific sector, these funds have also turned in impressively bad performances. Now several mutual funds offer the potential for consistent performance by investing in several industries at one time, and by actively managing and timing the investment moves among them.

To understand why this distinction between single-sector and multi-sector funds is important, you should think about why investors buy mutual funds in the first place. Perhaps the main reason is to benefit from diversification — to reduce the risk of loss by owning many stocks in many industries. (Other important reasons are professional management, convenience and liquidity.) In a typical broad-based equity fund, the manager attempts to balance out the industries in which he invests so that the overall portfolio will not be significantly hurt by a downturn in any one of them. Many well-managed funds of this kind tend to appreciate fairly steadily, have lower volatility (that is, they don't usually experience sharp price swings) and can be excellent long-term investments.

Single-sector funds, by definition, do precisely the opposite. They concentrate their assets in a single industry, and they therefore invest in a narrower range of individual stocks than a diversified fund.

This is inevitable, because there is a much smaller pool of publicly traded companies in a single industry for the fund manager to choose from than there is in the economy as a whole.

By putting all their eggs in one basket, single-sector funds impose a high level of potential volatility and risk on their share holders. The fact is that no industry can do well all the time. Single-sector funds tend to perform well and may even become market leaders when the industries they invest in are prospering. When the industries slow down, however, these funds reverse field very quickly and often lag behind the overall market. But even when this happens, the manager of a sector fund must stay invested in stocks in that industry. If it's a healthcare fund it cannot invest in utility stocks, and vice versa. In contrast, managers of diversified funds, including those with a multi-sector orientation, can and do shift assets into other industries with better prospects.

Since the manager of a single-sector fund cannot move in and out of industries as market conditions dictate, you, the investor, must shoulder that responsibility by deciding when to move between the sector funds offered by a particular mutual fund organization. You must become what is known as an industry timer, attempting to spot a promising sector early, buy fund shares, hold them until that industry peaks, sell them and shift your money into another sector you believe is about to perform well. Single-sector funds are obviously not long-term investments, but rather trading vehicles that you buy and sell much like individual stocks. This approach to mutual fund investing is difficult for the non-professional to pursue consistently and successfully.

You can reduce your risk somewhat by buying into several single-sector funds, thus creating, in effect, your own little somewhat diversified fund. But you still have to keep close tabs on the economy,

the industries and the funds — and be prepared to move quickly.

An easier and far less risky way to enjoy the advantages of highly sophisticated sector analysis is, as noted above, to invest in a fund that does not limit itself to one industry. Two such funds are the Sector Analysis Portfolio of Shearson Lehman Special Equity Portfolios and Massachusetts Financial Services' Multi-Sector Portfolio. These kinds of funds are intended to be long-term investments, rather than trading vehicles. They do not require you, the investor, to monitor them daily as do the single-sector funds.

More complete information about the Sector Analysis Portfolio of Shearson Lehman Special Equity Portfolios, including charges and expenses, appears in the Portfolio's prospectus. You can obtain a copy of this prospectus by calling your Financial Consultant. Make sure you read the prospectus carefully before you invest or send money.

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The sunlit hills are gold and green  
A counterpoint to surf and sand  
An almost magic summer scene.

Ventana's winding road we turn  
Uphill and into bright strong sun  
Where poppies bloom on hillsides  
And quiet horses graze.  
We rest and drink refreshing tea  
Laugh and talk an hour away  
Watch the nearby rounded hills  
And glimpse the rolling distant sea.

The sun is low as we drive home  
Long shadows making patterns  
Beneath the windswept trees.  
Cows standing in their pastures  
Outlined in ink against the sky.  
Our music is Beethoven  
Of course the Pastoral we play.  
Reluctantly at sundown  
We end this lovely day.

Alexandria Somers

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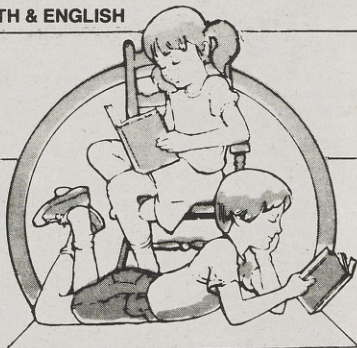
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# REAL ESTATE REPORT

## What's My Home Worth?

By Rodney Guilfoil  
Mitchell Group, Realtors

The biggest material asset in your life most likely is the equity you have built up in your home. Someday, you may want to sell your home and move elsewhere, you may want to trade up, or you may want to mortgage or refinance it. Whatever the reason, it's a matter of great importance to know how much your home is worth.

The first thing to understand is that estimating the value of your home is an art—not a science. Nevertheless, a real estate professional tries to make the process as objective as possible, realizing the importance of a correct value estimate to a potential seller, buyer or lender.

Assuming a willing seller and willing buyer, neither of whom is under any pressure, there are several ways a real estate professional can arrive at an estimate of fair market value.

One way of arriving at the value of a residence is to assign a value to the land, and then estimate the cost per square foot to rebuild the improvements. In an area that has already been improved, it is usually not hard to place a value on the land. Assigning a value to the improvements, based on replacement cost, is trickier.

If the house is an old Carmel cottage with single wall construction, one very old bath, and an impossible floor plan, you would give a relatively low value per square foot to replace it. If it's a Pebble Beach mansion, however, you'd want to take a relatively high value to rebuild on a

square foot basis.

A very common way of estimating value is to find out what comparable properties in the area have sold for in the recent past. It's well to emphasize here what they have actually sold for, not what the sellers tell you they sold for. And the current asking prices of properties now on the market, while they may be a rough guide, are not necessarily a reliable indicator of values.

That house your neighbor is selling down the street, while supposedly not as good as yours, may be on the market at a wildly unrealistic and inflated price. Every seller wants to get top dollar for his house, of course, but the wise seller is the realistic seller—the one who prices at the market.

Bear in mind also that after the sale takes place, no seller likes to admit he made a bad bargain. Thus it does happen that a seller may brag about the "great deal" he made—but he doesn't tell you that to make it, he had to accept a low down payment and to finance the sale at below-market interest.

Here's where the expertise of a Realtor comes into play in this delicate area of placing a value on a home. He or she has access to records kept by the Multiple Listing Service, going back a full year or longer, and it's no trouble for the Realtor

Often a Realtor who is invited to make a listing proposal will ask a seller if he or she may bring in his colleagues to look at the house. Later, they all put their heads together and share the knowledge they have of real estate values in the area. In this way, they can arrive at a consensus that is nearly always a close estimate of a home's fair market value.

It does neither a seller nor his agent any good to overprice a property. The property hangs around and gets stale on the market. Agents won't show it and the seller may find himself having to make a steep price concession to move it.

So in selling your home, you should seek guidance from the professionals whose business it is day in and day out to observe the ever-changing real estate market and its values. They're the ones who have access to the information you need to estimate the fair market value of your most precious possession—your home. Realtors do their homework!

## Mortgage Interest Rates

| Lender                   | 30 Yr. Fixed Rate Loan |      | Adjustable Rate Loan |      |
|--------------------------|------------------------|------|----------------------|------|
|                          | Int.                   | Pts. | Int.                 | Pts. |
| American S & L           | 10.500                 | 2.00 | 7.500                | 1.50 |
| Bank of America          | 10.125                 | 2.00 | 7.000                | 1.50 |
| Calif. First Bank        | 10.250                 | 2.00 | 7.875                | 2.00 |
| Eureka Federal S & L     | 10.500                 | 2.00 | 7.500                | 1.50 |
| Fremont Bank             | 10.000                 | 2.50 | 6.950                | 1.50 |
| Great American 1st S&L   | 10.250                 | 2.00 | 7.250                | 1.00 |
| Home Federal S & L       | 10.250                 | 2.00 | 7.500                | 1.50 |
| Household Bank           | 10.250                 | 2.00 | 7.250                | 1.50 |
| Monterey S & L           | 10.425                 | 2.00 | 7.500                | 1.50 |
| SF Federal S & L         | 10.375                 | 2.00 | 7.250                | 1.75 |
| World S & L              | 10.625                 | 2.00 | 7.375                | 1.25 |
| Security Pacific         | 10.250                 | 2.00 | 7.500                | 1.50 |
| Coast County Mortgage    | 10.000                 | 2.00 | 7.250                | 2.00 |
| Del Monte Mortgage       | 10.000                 | 2.00 | 7.750                | 2.25 |
| Monterey Coast Mortgage  | 10.250                 | 2.00 | 7.250                | 2.00 |
| Pacific Inland Financial | 10.250                 | 2.00 | 6.950                | 2.00 |

This table is a representative sampling of local mortgage loan interest rates for owner-occupied residences. Many other lenders offer similar loans.

Rates were in effect on the Friday prior to publication. Rates are subject to change. There is no guarantee of loan availability with any particular lender.

Interest rate and points are not the only factors to consider when comparing mortgage terms. You may also wish to determine maximum loan amount, minimum percentage down payment, processing time and fees.

Adjustable rate mortgages (ARMs) have rates that change according to the cost of money in the money market. The ARM rate cited here is the "going in" rate designed to attract buyers who otherwise might not qualify. To compare ARMs, you will need to determine the time of the first adjustment, frequency of subsequent adjustments, maximum annual increase, maximum allowable rate, the money market index used as basis for the adjustment, and the "spread" between this index and the adjusted interest rate.

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## Valley Geology

Continued from Front Page

formation is usually found close to a fault, and indeed the Tularcitos Fault runs through here not far south of the road.

An intriguing question raised by the fold exposure shown in the photograph is, "Which way is up?" Normally, in a sequence of sedimentary beds, the oldest ones are on the bottom, but when we find them vertical, which way were they twisted? Are the oldest beds on the left or on the right in the photo? Sometimes the beds themselves will contain little clues from the seafloor, such as worm burrows or ripplemarks, from which a geologist can answer that question, but commonly there is no clear evidence. In this case, I couldn't find the answer.

At a more central location in the Valley, Rancho Fiesta Road just across from Garland Park, you can learn something about both folding and faulting, while staying out of traffic. Start at the junction of Miramonte Road and Rancho Fiesta Road, where the second photo was taken. It shows folded Monterey Shale Beds running in a northwesterly direction and dipping (sloping) steeply to the northeast.

Our idea is to follow the geology along Rancho Fiesta to where it rejoins Carmel Valley Road.

That is best done on foot, however, I'm giving you a road log in terms of mileage from Miramonte Road, so you may prefer to locate the points first in your car:

- 0.15 mi. On the bend. Beds of Monterey Shale in an orientation similar to those at the start, with some minor crumpling.
- 0.20 mi. Well-rounded granitic boulders in the soil, derived from a patch of terrace Gravels just above the road. As I mentioned in a previous article, these gravels were deposited by the Carmel River long after folding and erosion of the Monterey Shale.
- 0.30 mi. A zone of sheared and shattered Monterey Shale beyond which the beds dip gently to the southwest (in contrast to the first two exposures). The shattered zone probably is on a small fault.



Folded beds of Monterey Shale by Miramonte Road at Rancho Fiesta Road

- 0.40 mi. A ravine to the northeast shows exposures of Monterey Shale dipping to the southwest again. Notice the low-lying area south of the road. It used to be an old meander of the Carmel River, before the present highway was built.
- 0.5-0.6 mi. Monterey Shale crumpled into various orientations, but all trending northwesterly and dipping to the southwest.
- 0.65 mi. At the yellow highway sign, there is a 50 ft. zone of sheared and crushed Monterey Shale, followed by 50 ft. of intensely sheared granite, and finally solid granite. This is certainly the trace of a fault. The younger formation (Monterey Shale) has moved relatively down and the older one (granite) has moved up. This is the slice of granite in which the 1983 landslide took place. The fracturing associated with the fault which we see here has weakened this mass of granite, even though the fault itself may be no longer active.
- 0.68 mi. Just before the steep side road, the granite is seen in steep contact with Terrace Gravels which dip gently to the north.

The contact looks to me like a branch fault, which would mean that faulting remained active at least until after deposition of the Terrace Gravels.

This Rancho Fiesta folding is somewhat chaotic because of the several nearby faults. Over the miles between here and Jacks Peak, you will find a more broad and continuous series of folds in the Monterey Shale, like giant waves with their crests and troughs trending northwesterly. Take a look at the spectacular cuts along the upper part of Outlook Drive, after crossing Pine Hills Drive, for another view of deformation in the Monterey Shale.

If you are still curious about how a solid rock can be folded, and why it should fold rather than break (fault), read on.

All materials behave differently in large bulk, or under pressure, than they do in small pieces. Think of ice. Take a slab of ice out of a defrosting refrigerator. Can you fold it? Of course not. Drop it, and it will shatter. However, a valley filled with ice to depths of hundreds of feet becomes a glacier. The huge mass of ice moves slowly downstream, impelled by its own weight, at a rate of perhaps an inch per day.

Studies of drill cores taken from deep within glaciers show that the crystals of ice deform under pressure so that they flow slowly, without breaking. Meanwhile, the ice at the surface, which is not under

pressure, behaves as you would expect it to, breaking into innumerable crevasses and riding along on the flowing ice beneath.

Rocks behave in the same way, fracturing when confining pressure is low or when stress is sudden, and flowing or folding when the confining pressure is sufficiently high. The difference is that pressures must be far higher for rocks than for ice.

In the earth's crust, that is no problem. Confining pressure increases by about 7 tons per square inch for every 5,000 feet you go down from the surface. That is why the practical depth limit for mining must remain about 12,000 feet. Even the strongest rocks cannot long resist the pressures at those depths. Deformation of rocks by folding must be slow; it probably takes a million years or more to produce a significant system of folds.

Even massive granitic rocks can be folded, given sufficient pressure and aided by the high temperatures deep within the earth's crust. It is the sedimentary rocks, however, which typically develop folding because of their lower strength and their layered structure.

A surprising thing to me, in the case of the Monterey Shale, is that when you reconstruct the geologic history of Carmel Valley, there seems to have been less than 1000 feet of sediment overlying the Monterey Shale at the time it was folded. It is strange that relatively low confining pressure permitted such extensive folding.

The mathematical study of deformations is known as "rheology." I am quite ignorant of it, but I'd like to know what a rheologist would say about the folding of the Monterey Shale.

## Back to School Bus Safety

Remember, back to school time, means school buses. Please teach your children the following rules.

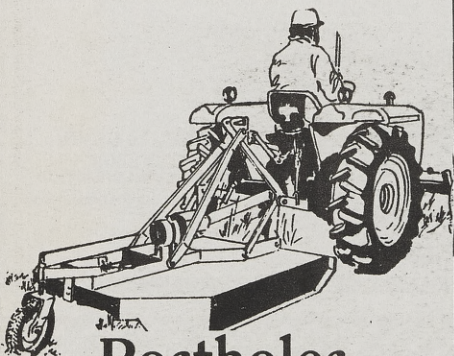
- When the bus approaches, line up away from the road and wait until the doors open before stepping into the roadway.

- Use the grab handle when boarding and, once on the bus, go directly to a seat.

- When leaving the bus, walk about 12 feet in front of the bus so the driver can see you. Wait for a signal from the driver before crossing the road.

Prepare your children for trips to and from school by teaching basic pedestrian safety rules.

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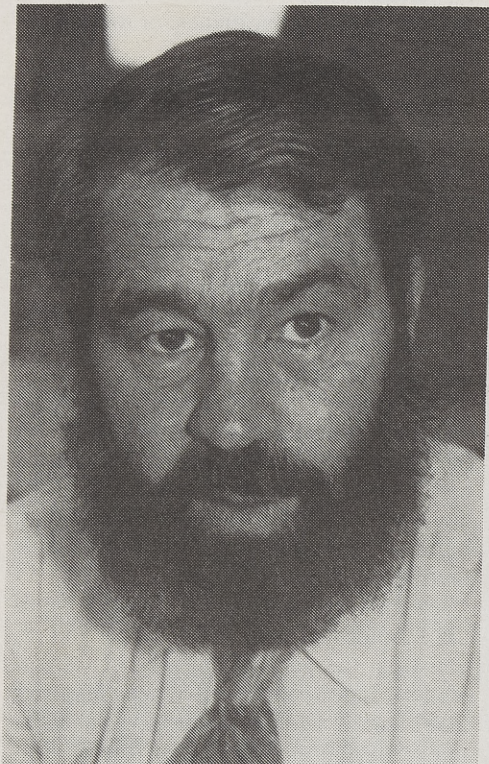
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# VALLEY VOICES

*School starts soon.  
How do you feel about that?*



**Ray Lindsay**

*U.S. Post Office/Photographer*

*Great! What kind of business closes up shop for three months, except schools. There should be some use of school buildings twelve months a year.*



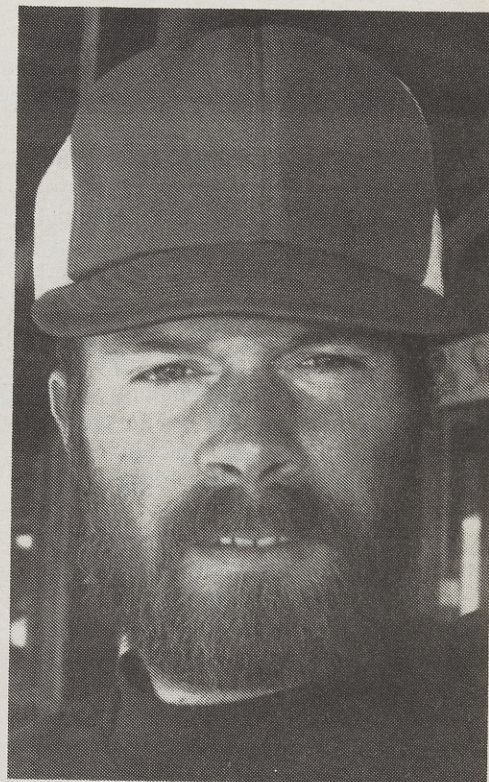
**KATHIE MCCRARY**  
*Entrepreneur*

*I think it's great! There's no local childcare that I can find for the last two weeks of summer. School is a necessity for the working woman, and I would like to see school open all year round with a two week break every three months.*



**JANELLE GISTELLI**  
*Gardener*

*Summer all year long! You're only a kid once, so enjoy it! I learn the most during summer.*



**DAVE MC CLENDON**  
*Bread Truck Driver*

*It's good for school to be open; kids need to go to school longer; but when I was a child, I looked forward to time off, so kids need some vacation. There's summer school, but usually they're forced to go there because of parental pressure or poor grades. Having school open 12 months a year would be an interesting experiment.*

## TRADING POST

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Judy Rowley's HOME ANIMAL CARE visiting pet care while you're away. 659-4609.

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SANTA FE STYLE FURNITURE Indoor & outdoor. Introductory offer 25% off through August. Free inhome consultations. Must see to appreciate. Call 659-0159 for appointment.

FOR FUN & POSSIBLY PROFIT! Two metal detectors. 1. Garrett BFO with combination coil for shallow & deep seeking. 2. Kovac with hip mounted box & 2 wire & nugget wands. Both in new condition & at 1/2 new cost. \$225 ea. if sold separately. \$400 if sold together. 1 set headphones. Call 659-0234.

### TO OR FOR RENT

DELIGHTFUL, SMALL 20 X 20' CV VILLAGE 1st floor office to lease. Prime corner, Pilot Rd & Delfino. Completely redecorated for May occupancy. 1 to 3 year lease available. Call Roger Williams 659-5323.

ROOM W/ BATH for rent \$400. SM Fridge; use phone, yard, w/d, kitchen. Nonsmoker only. Craig or Laurie, 659-0640.

### ANNOUNCEMENTS

FREE ADVERTISING. Buy or sell used photo equip. Use our photo bulletin board. Only at Valley Photo (across from Texaco) 659-2800.

FREE Single Garage Door with parts. 5 large wooden drawers for office or home. 659-2103.

ADVERTISE IN THE TRADING POST \$1.00 per line. Call the Sun at 659-4855.

### HELP WANTED

VOLUNTEERS NEEDED CV Community Thrift Shop needs volunteers for up coming new hours. M-S 11 to 3 p.m. Th 4-8 p.m. Can you help? Call Rhonda 659-2278.

LIGHT BOOKKEEPING, RECEPTIONIST needed for our CV Village office. MWF Hours negotiable. Experience preferred. Call 659-3583.

re-Tired of Restaurant work? Use your expertise by joining our Network for occasional employment. On-call basis. Set your own hours. Call 659-0159 for interview.

### VOLUNTEERS

Meals on Wheels needs sandwich makers to work 8 to 10 a.m. one day a week or as often as possible.

Call 375-4454

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